



SAMPLE of LETTER of MEDICAL NECESSITY for AUTISM

The following equipment is being requested for the patient named above:

- ❖ SPIO (Stabilizing Pressure Input Orthosis) Shirt and Pants

Diagnosis and Prognosis:

_____ is a _____ yr old with autism. As is common with autism, _____ also has sensory integrative dysfunction in the areas of touch and movement. This means that _____ has difficulty registering and making use of the sensory information he/she receives from the following senses:

- Tactile (information concerning touch, which we receive from our skin)
- Proprioception (information concerning body movement and position, which we receive from our muscles and tendons)
- Vestibular (information concerning head movement and position, which we receive from our inner ears)

Because he/she does not efficiently register the sensory information he/she receives, he/she has decreased awareness of his/her body boundary and body position in space. _____ spends an excessive amount of time seeking extra sensory information by touching and feeling things in his/her environment more than a typical child, and jumping/crashing into people and things. _____'s need for intense touch is so great that he/she asks to be pinched, and used to ask his/her mom to bite him. The intense touch is calming to him/her because it gives him/her a better awareness of where his/her body is in space. He/she can also be overly sensitive to touch (during haircuts or when standing close to other people). His/her pain tolerance fluctuates between very high and very low levels. Sensory integrative dysfunction is likely to continue, but can be significantly improved with the use of the requested equipment.

Reason equipment is needed:

_____ is prone to accidents as a result of his/her sensory integrative dysfunction and related sensory-seeking behaviors. There is a high likelihood for further injury.

SPIO's, Stabilizing Pressure Input Orthoses, are made from a patented multidirectional, lycra fabric. The snug orthotic surrounds the body with pressure-touch and mild proprioceptive input. This promotes body awareness and the release of calming/modulating chemistry. SPIO's are

useful for decreasing sensory seeking behaviors (such as excessive touching, crashing & banging) which leads to improved safety and stability for the child. SPIO's patented material is breathable (unlike most neoprene products), and can be worn alone or under regular clothing during waking hours.

_____ requires his/her own SPIO pants and shirt as a means of promoting total body awareness and safety in movement, thus decreasing the risk of injury.

Equipment Trials:

When SPIO's are used in therapy, _____ immediately demonstrates fewer sensory seeking behaviors and shows significantly improved safety and stability. The end result is that _____ is calmer, safer, more attentive, and more engaged in functional activities.

I certify that the above equipment is medically necessary for the treatment of the patient's diagnosis.

Clinician's Signature & Date:
