Sizing Guidelines

*** THIS IS NOT A CUSTOM MEASUREMENT FORM ***

For CUSTOM FORMS: **spioworks.com/pages/customspio**

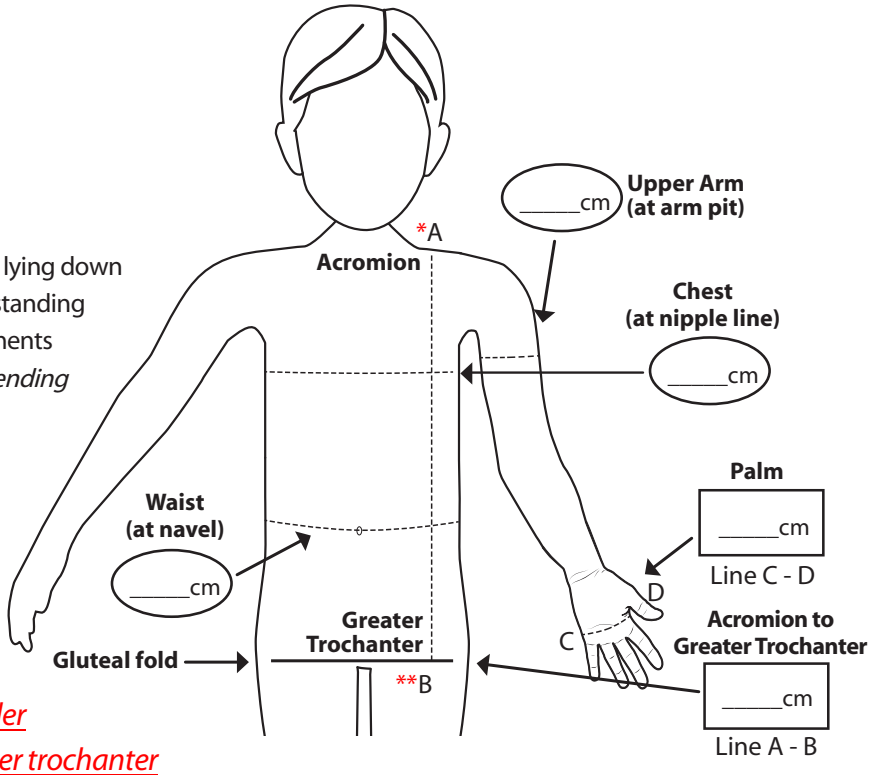
Measurement Key

Length = ▭

Circumference = ◯

- Chest measurements are taken with patient lying down
- Pant measurements are taken with patient standing
- If in-between sizes refer to length measurements
- *For TLSOs, overall length can vary 5 cm depending on strap adjustment*

Watch the *Learn How to Measure and Fit* **video**



*Ensure you are at the top of the shoulder

**Gluteal folder directs you to the greater trochanter

SPIO® Upper Body Orthosis

Chest circumference is measured at nipple line. Length is from Acromion to Greater Trochanter. Long Sleeve (S) Short Sleeve (SS) Sleeveless (SL)

Item #	
S44/SS44/SL44	Chest Circumference: 44 cm, 27.94 cm long
S47/SS47/SL47	Chest Circumference: 47 cm, 31.11 cm long
S51/SS51/SL51	Chest Circumference: 51 cm, 35.56 cm long
S54/SS54/SL54	Chest Circumference: 54 cm, 39.00 cm long
S57/SS57/SL57	Chest Circumference: 57 cm, 45.72 cm long
S60/SS60/SL60	Chest Circumference: 60 cm, 47.00 cm long
S64/SS64/SL64	Chest Circumference: 64 cm, 50.50 cm long
S67/SS67/SL67	Chest Circumference: 67 cm, 56.40 cm long
S70/SS70/SL70	Chest Circumference: 70 cm, 60.50 cm long
S73/SS73/SL73	Chest Circumference: 73 cm, 64.30 cm long
S77/SS77/SL77	Chest Circumference: 77cm, 68.50 cm long

SPIO® Classic TLSO

Chest circumference is measured at nipple line. Length is from Acromion to Greater Trochanter.

Item #	
V41	Chest Circumference: 41 cm, 27 cm long
V44	Chest Circumference: 44 cm, 30.75 cm long
V47	Chest Circumference: 47 cm, 34.5 cm long
V51	Chest Circumference: 51 cm, 38.25 cm long
V54	Chest Circumference: 54 cm, 44 cm long
V57	Chest Circumference: 57 cm, 47.75 cm long
V60	Chest Circumference: 60 cm, 51.5 cm long
V64	Chest Circumference: 64 cm, 55.25 cm long
V67	Chest Circumference: 67 cm, 59 cm long
V70	Chest Circumference: 70 cm, 62.75 cm long
V73	Chest Circumference: 73 cm, 66.5 cm long
V77	Chest Circumference: 77 cm, 70.25 cm long

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SPIO® Sizing Guidelines

SPIO® Lower Body Orthosis

Waist circumference is measured at belly button.
Length is from waist to Ankle (P) or bottom of Patella (SP).

Item#	
SP43 / P43	Waist Circumference: 43 cm, SP 27.30 cm long / P 40.33 cm long
SP45 / P45	Waist Circumference: 45 cm, SP 30.48 cm long / P45.00 cm long
SP47 / P47	Waist Circumference: 47 cm, SP 32.00 cm long/ P 47.95 cm long
SP49 / P49	Waist Circumference: 49 cm, SP 33.02 cm / P 49.80 cm long
SP51 / P51	Waist Circumference: 51 cm, SP 34.29 cm / P 52.70 cm long
SP53 / P53	Waist Circumference: 53 cm, SP 36.83 cm / P 56.84 cm long
SP55 / P55	Waist Circumference: 55 cm, SP 39.37 cm / P 63.19 cm long
SP57 / P57	Waist Circumference: 57 cm, SP 42.54 cm / P 66.60 cm long
SP59 / P59	Waist Circumference: 59 cm, SP 45.30 cm long / P 70.04 cm long
SP61 / P61	Waist Circumference: 61 cm, SP 46.00 cm long / P 71.70 cm long
SP63 / P63	Waist Circumference: 63 cm, SP 48.89 cm long / P 77.80 cm long
SP65 / P65	Waist Circumference: 65 cm, SP 50.16 cm long / P 79.30 cm long
SP67 / P67	Waist Circumference: 67 cm, SP 54.70 cm long / P 81.70 cm long
SP69 / P69	Waist Circumference: 69 cm, SP 55.25 cm long / P 83.20 cm long
SP71 / P71	Waist Circumference: 71 cm, SP 57.50cm long / P 86.20 cm long
SP73 / P73	Waist Circumference: 73 cm, SP 59.50 cm long / P 90.50 cm long

FabriFlex Wrap

The dimensions below refer to the wrap itself. Smaller wraps are generally best suited for younger children and upper extremities, while larger wraps are ideal for older children and lower extremities.

Item #	
F530	5 inch x 30 inch
F735	7 inch x35 inch
F940	9 inch x 40 inch
F1150	11 inch x 50 inch

SPIO® Wrist-Hand Orthosis

Palm width is measured at widest part above thumb.

Item #	
G5	Width of Palm: 5 cm, 11.43 cm long
G5.5	Width of Palm: 5.5 cm, 12.19 cm long
G6	Width of Palm: 6 cm, 13.03 cm long
G6.5	Width of Palm: 6.5 cm, 14.04 cm long
G7	Width of Palm: 7 cm, 15.55 cm long
G7.5	Width of Palm: 7.5 cm, 16.50 cm long
G8	Width of Palm: 8 cm, 17.02 cm long

SPIO® Arm Orthosis

Arm circumference is measured at arm pit.

Item #	
AS13	Arm Circumference: 13 cm, 19.05 cm long
AS14	Arm Circumference: 14 cm, 20.06 cm long
AS16	Arm Circumference: 16 cm, 22.86 cm long
AS17	Arm Circumference: 17 cm, 24.07 cm long
AS18	Arm Circumference: 18 cm, 28.00 cm long
AS20	Arm Circumference: 20 cm, 30.48 cm long
AS21	Arm Circumference: 21 cm, 32.04 cm long
AS22	Arm Circumference: 22 cm, 35.56 cm long
AS24	Arm Circumference: 24 cm, 38.10 cm long
AS25	Arm Circumference: 25 cm, 40.00 cm long
AS26	Arm Circumference: 26 cm, 42.50 cm long
AS28	Arm Circumference: 28 cm, 45.72 cm long

FabriFlex Straps

Strap packs are available in two configurations to meet different needs. The 2-inch straps are generally best suited for younger children and upper extremities, while the 4-inch straps are ideal for older children and lower extremities.

Item #	
FP02	Two inch 3 pack (2 inch x 30, 40, and 50 inch)
FP04	Four inch 2 pack (4 inch x 30 and 50 inch)