



# fabriflex

## Applications for Wraps



*Abdominal support*

### Functional Changes & Desired Effects

- Facilitates muscle activation
- Addresses general weakness
- Improves weight bearing
- Increases awareness
- Decreases tension



*Lower extremity support for splayed legs*



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# Applications for Straps



*Wrist and hand support*



*Upper limb support*



*Figure 8 support for elbow*



*Lower limb support*

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## How to Wrap

Start at the distal point and wrap up, stopping at the desired proximal point. Overlap the fabric as you go. Add additional pieces for longer length, or multiple layers.